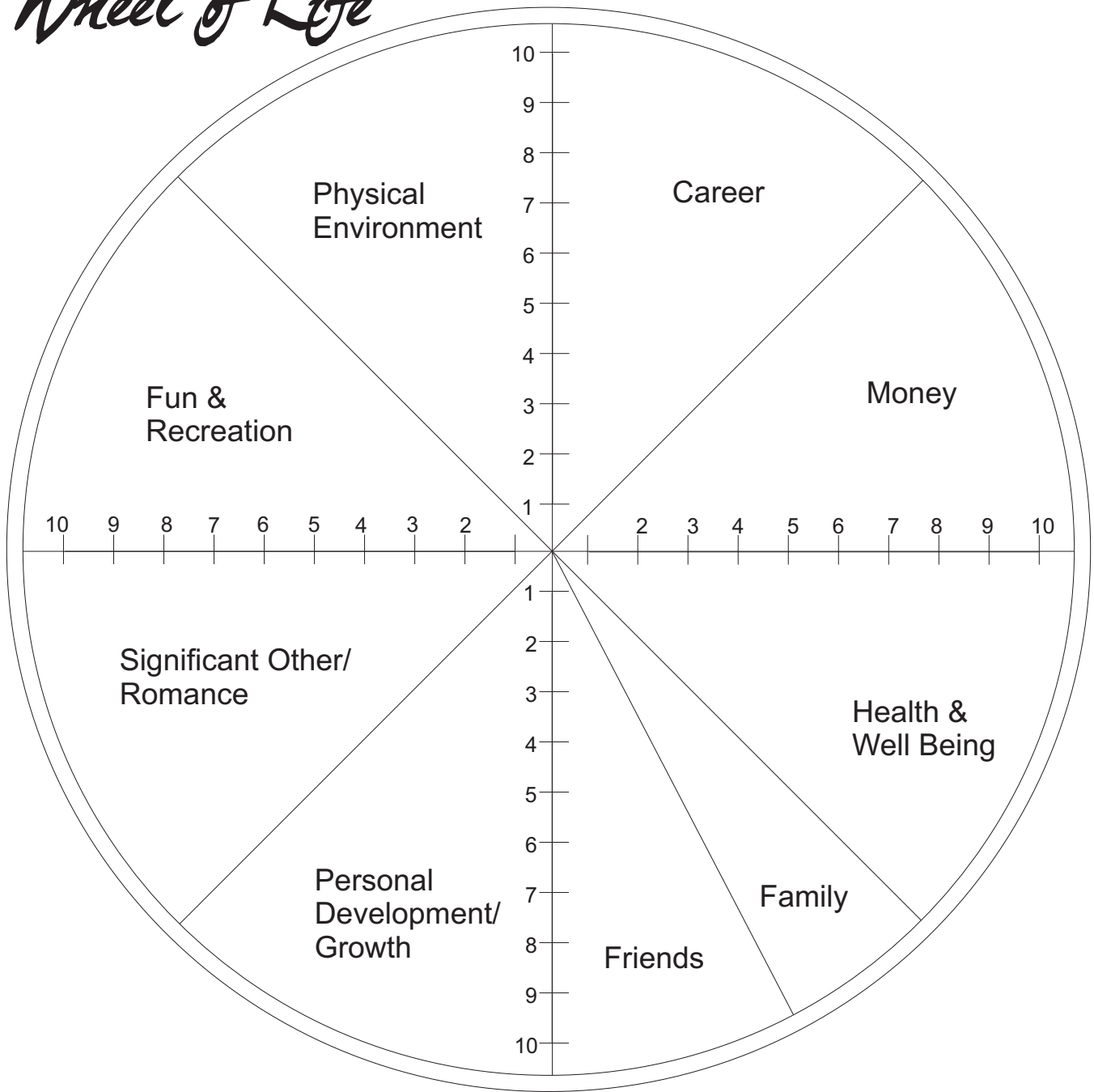


Wheel of Life



1

The purpose of this tool is to give you a visual representation of fulfillment and balance in your life. Rank your level of satisfaction by marking the number. Then draw a line connecting the numbers you marked and you create a new perimeter for the wheel. The closer you are to 10, the more fulfilled you are.

So, how bumpy would your ride be if this was a real wheel? Perhaps the areas you feel are lacking might be things to put some renewed effort into?

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